FORM NO. MGT-7

[Pursuant to sub-Section(1) of section 92 of the Companies Act, 2013 and sub-rule (1) of rule 11of the Companies (Management and Administration) Rules, 2014]



Annual Return

(other than OPCs and Small Companies)

Form language	English	Hindi	
Refer the instruc	tion kit for fil	ing the form.	

Name of the Registrar and Transfer Agent

Corporate Identification Number	er (CIN) of the company	U5110	9KL1935PLC000024	Pre-fill
Global Location Number (GLN) of the company				
* Permanent Account Number (I	PAN) of the company	AABC	A8810G	
(a) Name of the company		AVTH	IOMAS AND CO LTD	
(b) Registered office address				
W 21/674BEACH RD ALLEPPEY Kerala 688012 India	ener et broker fanta in p Franklik folk 29a - Broker Leifer er sprakt			
(c) *e-mail ID of the company		avt.ala	puzha@gmail.com	
(d) *Telephone number with ST	D code	04772	243624	
(e) Website		www.	avthomas.in	
(e) Website i) Date of Incorporation		21/01		
	Category of the Company	21/01		Company
Date of Incorporation	Category of the Company Company limited by s	21/01	/1935 Sub-category of the	Company vernment company
Date of Incorporation Type of the Company	Company limited by s	21/01.	/1935 Sub-category of the	

	FIRESPECTOR		
04/2020	(DD/MM/YYYY) To date	31/03/2021	(DD/MM/YYYY)
ting (AGM) held	Yes	No	Table 24
23/09/2021	te farthaust en		
30/09/2021	(versite (napotry stateme		
AGM granted	○ Yes	No	
CTIVITIES OF	THE COMPANY		
	30/09/2021 AGM granted	ting (AGM) held	ting (AGM) held Yes No 23/09/2021 30/09/2021 AGM granted Yes No CTIVITIES OF THE COMPANY

S.No	Main Activity group code	Description of Main Activity group	Business Activity Code	Description of Business Activity	% of turnover of the company
1	С	Manufacturing	C1	Food, beverages and tobacco products	69
2	С	Manufacturing	C7	Metal and metal products	8
3	G	Trade	G1	Wholesale Trading	14

III. PARTICULARS OF HOLDING, SUBSIDIARY AND ASSOCIATE COMPANIES (INCLUDING JOINT VENTURES)

*No. of Companies for which information is to be given	2	Pre-fill All

S.No	Name of the company	CIN / FCRN	Holding/ Subsidiary/Associate/ Joint Venture	% of shares held
1	AVT GAVIA FOODS PRIVATE LIF	U15499TN2008PTC065914	Associate	50
2	A V THOMAS INVESTMENTS CO	U67120TN1976PLC007167	Associate	48.77

IV. SHARE CAPITAL, DEBENTURES AND OTHER SECURITIES OF THE COMPANY

(i) *SHARE CAPITAL

(a) Equity share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid up capital
Total number of equity shares	2,000,000	470,200	470,200	470,200
Total amount of equity shares (in Rupees)	20,000,000	4,702,000	4,702,000	4,702,000

Number	of cla	asses

11				

Class of Shares	Authorised	Issued	Subscribed	
Equity Shares of ₹10/- each	capital	capital	capital	Paid up capita
Number of equity shares	2,000,000	470,200	470,200	470,200
Nominal value per share (in rupees)	10	10	10	10
Total amount of equity shares (in rupees)	20,000,000	4,702,000	4,702,000	4,702,000

(b) Preference share capital

Particulars	Authorised capital	Issued capital	Subscribed capital	Paid-up capital
Total number of preference shares	0	0	0	0
Total amount of preference shares (in rupees)	0	0	0	0

NI.	·m	har	of a	Jasses

0			
U			

Class of shares	Authorised capital	Issued	Subscribed capital	Paid up capital
Number of preference shares				
Nominal value per share (in rupees)				
Total amount of preference shares (in rupees)				

(c) Unclassified share capital

Particulars	Authorised Capital
Total amount of unclassified shares	0

(d) Break-up of paid-up share capital

Class of shares	Nu	umber of sh	Total nominal amount	Total Paid-up amount	Total premium	
Equity shares	Physical	DEMAT Total				
At the beginning of the year	40,180	430,020	470200	4,702,000	4,702,000	

ncrease during the year	0	14,757	14757	147,570	147,570	0
. Pubic Issues	0	0	0	0	0	0
i. Rights issue	0	0	0	0	0	
ii. Bonus issue	0	0	0	0	0	0
v. Private Placement/ Preferential allotment	0	0	0	0	0	0
v. ESOPs	0	0	0	0	0	0
i. Sweat equity shares allotted	0	0	0	0	0	0
vii. Conversion of Preference share	0	0	0	0	0	0
viii. Conversion of Debentures	0	0	0	0	0	0
x. GDRs/ADRs	0	0	0	0	0	0
x. Others, specify	0	14,757	14757	147,570	147,570	
Purchase during the year Decrease during the year	2 946	10.041	14757	147 570	147,570	0
. Buy-back of shares	3,816	10,941	14/5/	147,570	147,570	U
. Buy-back of snares	0	0	0	0	0	0
i. Shares forfeited	0	0	0	0	0	0
ii. Reduction of share capital	0	0	0	0	0	0
v. Others, specify	2.040	10.044	14757	147.570	147 570	
Sales during the year	3,816	10,941	14/5/	147,570	147,570	
At the end of the year	36,364	433,836	470200	4,702,000	4,702,000	
Preference shares						
Freierence snares						
At the beginning of the year	0	0	0	0	0	
Increase during the year	0	0	0	0	0	0
i. Issues of shares	0	0	0	0	0	0
ii. Re-issue of forfeited shares	0	0	0	0	0	0
iii. Others, specify		1,217,112				
WA' 4-085						
			0	0	0	0
Decrease during the year	0	0	0	0		

		0	0	0	0	0	0
Reduction of share cap	0	0	0	0	0	0	
Others, specify							
the end of the year		0	0	0	0	0	
of the equity shares	of the company				INE9	44K01010)
) Details of stock spl	it/consolidation during the	year (for ea	ch class of s	shares)	0		
Class o	f shares	(i)		(ii)			(iii)
Before split /	Number of shares						
Consolidation	Face value per share						
After split /	Number of shares						4
Consolidation	Face value per share						
ii) Details of shar	es/Debentures Trans	fers since	closure d	ate of last	financial	year (o	r in the c
f the first return a	at any ti <mark>me since the i</mark>	ncorporat	ion of the	company	financial *		r in the control
f the first return a	res/Debentures Transf at any time since the i	ncorporat	ion of the	company	*		
f the first return a Nil [Details being pro	at any ti <mark>me since the i</mark>	ncorporat	ion of the	company	*		
Nil [Details being pro Separate sheet at ote: In case list of tranedia may be shown.	et any time since the invided in a CD/Digital Media etached for details of transfernsfer exceeds 10, option for	ers submission	ion of the	Yes •	No () Not Ap	pplicable
Nil [Details being pro Separate sheet at ote: In case list of tranedia may be shown.	at any time since the invided in a CD/Digital Media	ers submission	ion of the	Yes •	No () Not Ap	pplicable
Separate sheet at the content of the first return a sheet at the content of the c	et any time since the invided in a CD/Digital Media etached for details of transfernsfer exceeds 10, option for	ers submission	ion of the	Yes •	No () Not Ap	pplicable
Separate sheet at the content of the first return a sheet at the content of the c	ext any time since the invided in a CD/Digital Media extached for details of transfernsfer exceeds 10, option for us annual general meeting on of transfer (Date Month	ers submission g	o as a separate	Yes •	No (No) Not Ap	in a CD/Di

Ledger Folio of Transi	feror		
Transferor's Name			
	Surname	middle name	first name
Ledger Folio of Trans	feree		
Transferee's Name			
	Surname	middle name	first name
Type of transfer Number of Shares/ De Units Transferred		- Equity, 2- Preference Shares,3 - Defending the Amount per Share/Debenture/Unit (in Rs.)	Debentures, 4 - Stock
Ledger Folio of Trans	feror		
Transferor's Name			
	Surname	middle name	first name
Ledger Folio of Trans	feree		
Transferee's Name			
	Surname	middle name	first name

(iv) *Debentures (Outstanding as at the end of financial year)

Particulars	Number of units	Nominal value per unit	Total value	
Non-convertible debentures	0	0	0	
Partly convertible debentures	0	0	0	
Fully convertible debentures	0	0	0	

Particulars			Number of	units	Nomin	nal value per	Total val	ue
Total								0
Details of de	bentures			-				
Class of deben	tures		nding as at ginning of the	Increase du year	iring the	Decrease during year		nding as at d of the year
Non-convertible	e debentures		0	0		0		0
Partly convertil	ble debentures		0		0	0		0
Fully convertib	le debentures	0		0		0		0
(v) Securities	other than share	s and de	bentures)				0	
Type of Securities	Number of Securities		Nominal Valueach Unit	CALL STATE OF THE	tal Nomi lue	nal Paid u each U	p Value of Jnit	Total Paid up Value
	1 (48)							
Total				F				
V. *Turnov	er and net w	orth o	f the cor	npany (as de	fined in the	Compa	anies Act, 2013

(i) Turnover

9,432,495,821

(ii) Net worth of the Company

2,770,002,031

VI. (a) *SHARE HOLDING PATTERN - Promoters

S. No.	Category	Equi	ty	Preference		
		Number of shares	Percentage	Number of shares	Percentage	
1.	Individual/Hindu Undivided Family	3 1000 1000 1000		1777 1122 1		
	(i) Indian	384,987	81.88	0		
	(ii) Non-resident Indian (NRI)	0	0	0		
	(iii) Foreign national (other than NRI)	0	0	0		
2.	Government					
	(i) Central Government	0	0	0 *	b	
	(ii) State Government	0	0	0		
	(iii) Government companies	0	0	0		

3.	Insurance companies	0	0	0	
4.	Banks	0	0	0	
5.	Financial institutions	0	0	0	
6	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	
8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	5,500	1.17	0	
10.	Others	0	0	0	
	Total	390,487	83.05	0	0

Total number of shareholders (promoters)

	1111	CIN E		
7				
1				

(b) *SHARE HOLDING PATTERN - Public/Other than promoters

S. No.	Category	Equit	ty	Preference	
		Number of shares	Percentage	Number of shares	Percentage
1.	Individual/Hindu Undivided Family				
	(i) Indian	64,541	13.73	0	
	(ii) Non-resident Indian (NRI)	250	0.05	0	
	(iii) Foreign national (other than NRI)	0	0	0	
2.	Government				
	(i) Central Government	0	0	0	-
	(ii) State Government	0	0	0	
	(iii) Government companies	0	0	0	
3.	Insurance companies	0	0	0	
4.	Banks	3,500	0.74	0	
5.	Financial institutions	0	0	0	
6.	Foreign institutional investors	0	0	0	
7.	Mutual funds	0	0	0	

8.	Venture capital	0	0	0	
9.	Body corporate (not mentioned above)	6,252	1.33	0	
10.	Others HUF,IEPF	5,170	1.1	0	
	Total	79,713	16.95	0	0

Total number of shareholders (other than promoters)

268

Total number of shareholders (Promoters+Public/ Other than promoters) 275

VII. *NUMBER OF PROMOTERS, MEMBERS, DEBENTURE HOLDERS (Details, Promoters, Members (other than promoters), Debenture holders)

Details	At the beginning of the year	At the end of the year
Promoters	8	7
Members (other than promoters)	252	268
Debenture holders	0	0

VIII. DETAILS OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

(A) *Composition of Board of Directors

Category		directors at the g of the year	Number of directors at the end of the year		Percentage of shares held by directors as at the end of year	
	Executive	Non-executive	Executive	Non-executive	Executive	Non-executive
A. Promoter	2	0	2	0	81.64	0
B. Non-Promoter	0	5	0	5	0	0
(i) Non-Independent	0	2	0	2	0	0
(ii) Independent	0	3	0	3	0	0
C. Nominee Directors representing	0	0	0	0	0	0
(i) Banks & FIs	0	0	0	0	0	0
(ii) Investing institutions	0	0	0	0	0	0
(iii) Government	0	0	0	0	0	0
(iv) Small share holders	0	0	0	0	0	0

(v) Others	0	0	0	0	0	0
Total	2	5	2	. 5	81.64	0

Number of Directors and Key managerial personnel (who is not director) as on the financial year end date

8

(B) (i) *Details of directors and Key managerial personnel as on the closure of financial year

Name	DIN/PAN	Designation	Number of equity share(s) held	Date of cessation (after closure of financial year : If any)
AJIT THOMAS	00018691	Whole-time directo	226,867	
DILIP THOMAS	00052185	Whole-time directo	157,020	
SHANKAR PEJAVAR	01638317	Director	0	
APPARANDA DEVAIAH	00576066	Director	0	
HUSSAIN HABIB MIRZ	00018665	Director	0	
FRANK SOLOMON MO	01633183	Director	0	
KAVITHA VIJAY	01047261	Director	0	
RAMASWAMY VENUG	ABKPV3189L	CFO	70	

(ii)	Particulars of cha	nge in director(s)	and Key	managerial	personnel	during the year
------	--------------------	--------------------	---------	------------	-----------	-----------------

1		
1	0	
	U	

Name	DIN/PAN	Date of appointment/ change in designation/ cessation	Nature of change (Appointment/ Change in designation/ Cessation)

IX. MEETINGS OF MEMBERS/CLASS OF MEMBERS/BOARD/COMMITTEES OF THE BOARD OF DIRECTORS

A. MEMBERS/CLASS /REQUISITIONED/NCLT/COURT CONVENED MEETINGS

Number of meetings held	1

Type of meeting	Total Number of Members entitled to		Attendance		
	i ja pitta ja ja	attend meeting	Number of members attended	% of total shareholding	
ANNUAL GENERAL MEETI	21/09/2020	260	13	83.45	

B. BOARD MEETINGS

*Number	of	meetings	held
Nullibel	OI	meetings	licia

14			

S. No.	Date of meeting	Total Number of directors associated as on the date				
		of meeting	Number of directors attended	% of attendance		
1	01/06/2020	7	5	71.43		
2	12/08/2020	7	7	100		
3	09/12/2020	7	7	100		
4	15/02/2021	7	7	100		

C. COMMITTEE MEETINGS

Number of meetings held

S. No.	Type of meeting		Total Number of Members as	Attendance			
	meeting	Date of meeting	on the date of the meeting	Number of members attended	% of attendance		
1	AUIDT COMM	12/08/2020	3	3	100		
2	AUIDT COMM	09/12/2020	3	3	100		
3	NOMINATION	01/06/2020	3	2	66.67		
4	NOMINATION	15/02/2021	3	3	100		
5	CORPORATE	01/06/2020	3	3	100		
6	CORPORATE	09/12/2020	3	3	100		
7	CORPORATE	15/02/2021	3	3	100		
8	SHARE TRAN	27/08/2020	3	3	100		
9	INDEPENDEN	15/02/2021	3	3	100		

D. *ATTENDANCE OF DIRECTORS

S. Name No. of the director		Board Meetings			Co	Committee Meetings			
	Number of Meetings which director was	Number of Meetings	% of	Number of Meetings which director was	Number of Meetings	% of	held on		
		entitled to	attended	attendance	entitled to attend	attended	attendance	23/09/2021 (Y/N/NA)	
		attend	· ·		atterio				
1	AJIT THOMAS	4	4	100	4	4	100	Yes	
2	DILIP THOMA	4	4	100	3	3	100	Yes	
3	SHANKAR PE	4	4	100	9	9	100	Yes	

4	APPARANDA	4	3	75	5	4	80	Yes
5	HUSSAIN HAI	4	4	100	3	3	100	Yes
6	FRANK SOLC	4	4	100	3	3	100	Yes
7	KAVITHA VIJA	4	3	75	0	0	0	Yes

X. *REMUNERATION OF DIRECTORS AND KEY MANAGERIAL PERSONNEL

☐ Nil

Number of Managing Director, Whole-time Directors and/or Manager whose remuneration details to be entered

2

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	Ajit Thomas	Whole Time Dire	10,455,000	0	0	0	10,455,000
2	Dilip Thomas	Whole Time Dire	9,150,061	0	0	0	9,150,061
	Total		19,605,061	0	0	0	19,605,061

Number of CEO, CFO and Company secretary whose remuneration details to be entered

1

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	RAMASWAMY VEN	CFO	10,543,000	0	0	0	10,543,000
	Total		10,543,000	0	0	0	10,543,000

Number of other directors whose remuneration details to be entered

5

S. No.	Name	Designation	Gross Salary	Commission	Stock Option/ Sweat equity	Others	Total Amount
1	SHANKAR PEJAVA	Director	300,000	0	0	0	300,000
2	APPARANDA DEV	Director	220,000	0	0	0	220,000
3	FRANK SOLOMON	Director	250,000	0	0	0	250,000
4	HUSSAIN HABIB M	Director	180,000	0	0	0	180,000
5	KAVITHA VIJAY	Director	120,000	0	0	0	120,000
	Total		1,070,000	0	0	0	1,070,000

provisions of the B. If No, give reas	Companies Act, 20	013 during the year	osures in respect of appl	Yes Yes	○ No
I. PENALTY AND P	UNISHMENT - DET	TAILS THEREOF			
) DETAILS OF PEN	ALTIES / PUNISHM	ENT IMPOSED ON	COMPANY/DIRECTOR	S /OFFICERS	Nil
Name of the company/ directors/ officers	Name of the court/ concerned Authority	Date of Order	Name of the Act and section under which penalised / punished	Details of penalty/ punishment	Details of appeal (if any) including present status
(B) DETAILS OF CO	MPOUNDING OF C	OFFENCES 🖂	Nil		Association of the second
Name of the company/ directors/ officers	Name of the court concerned Authority	Date of Order	Name of the Act and section under which offence committed	Particulars of offence	Amount of compounding (in Rupees)
			Alexander of the		
XIII. Whether comp	olete list of shareho	olders, debenture l	holders has been enclo	sed as an attachme	ent
	es No mit the details sepa	rately through the m	nethod specified in instruc	ction kit)	
XIV. COMPLIANCE	OF SUB-SECTION	(2) OF SECTION	92, IN CASE OF LISTED	COMPANIES	
In case of a listed of more, details of con	ompany or a compa npany secretary in w	ny having paid up s hole time practice o	hare capital of Ten Crore certifying the annual retur	rupees or more or t n in Form MGT-8.	urnover of Fifty Crore rupees or
Name	VS	SURESH		en u	
	te or fellow	O Assoc	iate • Fellow		
Whether associa	te of fellow	O A3300			

I/We certify that:

(a) The return states the facts, as they stood on the date of the closure of the financial year aforesaid correctly and adequately.

(b) Unless otherwise expressly stated to the contrary elsewhere in this Return, the Company has complied with all the provisions of the Act during the financial year.

Declaration

am Authorised by the	Board of Directors of the co	ompany vide resolution no	1	dated	13/03/2006
(DD/MM/YYYY) to sign in respect of the subject	this form and declare that a	all the requirements of the Catters incidental thereto have	ompanies Act,	2013 and the rule d with. I further de	s made thereunder clare that:
1 Mantaura in att	ated in this form and in the	attachments thereto is true, suppressed or concealed an	correct and cor	mplete and no inf	ormation material to
All the require	d attachments have been c	completely and legibly attach	ed to this form.		
Note: Attention is als punishment for fraud	o drawn to the provisions , punishment for false sta	of Section 447, section 4 tement and punishment fo	48 and 449 of t or false eviden	he Companies A ce respectively.	act, 2013 which provide
To be digitally signed	by				
Director	AJIT Deptahy so AJIT THOMAS Bus 2021 10 57 20 40	reed by A.S. 50.66 56.500			
DIN of the director	00018691				
To be digitally signed	VENKATARA VENKATARA O SURESH OBER 2011 1203 48 -01	ed by AO 2.09			
Ocompany Secretary	,				
Company secretary	in practice				
Membership number	2969	Certificate of practice	number	603	2
	Rockets (10 10-sky.				
Attachments	3				st of attachments
1. List of sha	are holders, debenture hold	ers	Attach	ATLcid.pdf ATLcontrol.pdf	
2. Approval	etter for extension of AGM		Attach	ATLEIeData.po	
3. Copy of N	IGT-8;		Attach	ATLshr.pdf AV_Thomas_N	MGT-8_2021.pdf
4. Optional	Attachement(s), if any		Attach		
				F	Remove attachment
	(1)				
					Submit

This eForm has been taken on file maintained by the Registrar of Companies through electronic mode and on the basis of statement of correctness given by the company